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The Seitai Method, a therapeutic bodywork developed in Japan, is a Holistic approach to staying healthy through body alignment and stretching exercises.

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and facilitates affordable rental space for holistic health practitioners. Toshiyuki Endo L.M.T. until my friend recommended Mr. Endo s Seitai method.

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Seitai Hip Clearance. The Seitai Hip Clearance is a method of realignment of the pelvis where the distortion has been caused by a misalignment of the sacroiliac joint.

### **Kuniaki | hd tv & home entertainment | kuniaki**

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Kuniaki Imoto is the author of The Seitai Method (2.00 avg rating, 1 rating, 0 reviews, published 2005)

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